



Our Lady of Guadalupe  
since 1967



St. Francis De Sales is one of my favorite saints. Below is a meditation that I read on his feast day which is January 24. You might say, "Well what does this have to do with Easter?" But being gentle but firm with ourselves is appropriate anytime of the year.

Four words: *Be gentle with yourself.* They might be some of the wisest words you ever hear.

It doesn't mean be soft with yourself, and it doesn't mean be undisciplined. Being gentle with yourself consists of realizing your faults, failings, and weaknesses, and dealing with them appropriately. God doesn't want us to beat ourselves up. He wants us to press on and try again.

In the words of Saint Francis de Sales, "Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections but instantly set about redeeming them—every day begin anew."

Francis de Sales was a priest in the aftermath of the Protestant Reformation, and lived near a large population of Calvinists. Unlike many contemporaries who used force in trying to convert others, Francis believed in the power of love and gentleness. His famous mission in modern-day Switzerland, where he successfully brought many Calvinists back to Catholicism, was marked not by confrontation, but by patient dialogue and understanding.

His most enduring contribution, however, lies in his writings. In his *Introduction to the Devout Life*, Francis provides guidance on how "ordinary" people can live holy lives without being too harsh with themselves. At a time when severe penances like hair shirts and self-flagellation were rising in popularity, Saint Francis de Sales encouraged a different attitude: *Be gentle with yourself.*

If you can't be gentle with yourself for your own sake, be gentle with yourself for the sake of others. If we cannot forgive ourselves, we will struggle to forgive others. And if we cannot forgive ourselves or others, we will resist even God's forgiveness.

So be gentle with yourself and look at yourself and others the same way God looks at all his children: with gentle compassion.

*In what part of my life do I need to be gentler with myself? Is it possible I would actually grow in virtue faster if I was gentler with myself?*

Happy Easter!! May God bless you abundantly.

In Jesus' love,

Deacon Dave

## The Week Ahead

**Sunday, March 31**  
**EASTER SUNDAY**

Mass, CH.....8:30 am  
 Mass, CH.....10:30 am  
**NO PSR**

**Monday, April 1**  
**OFFICE CLOSED**

Eucharistic Adoration, Chapel.....9:00 am-8:00 pm  
**NO PSR**

**Tuesday, April 2**

Eucharistic Adoration, Chapel.....9:00 am-4:00 pm  
 Bible Study, TE.....6:30 pm

**Wednesday, April 3**

Eucharistic Adoration, Chapel.....9:00 am-8:00 pm  
 Young at Heart, CR.....11:00 am  
 Rosary, CH.....6:00 pm  
 Welcoming Committee, TE.....6:00 pm  
 MFTIN, TE.....7:00 pm  
 OLG Men's Ministry, PSR Office .....8:00 pm

**Thursday, April 4**

Eucharistic Adoration, Chapel.....9:00 am-4:00 pm

**Friday, April 5**

Eucharistic Adoration, Chapel.....9:00 am-4:00 pm

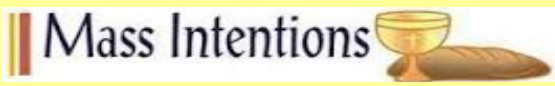
**Saturday, April 6**

Padre Pio Group, CH .....8:00 am  
 Mass, CH.....4:30 pm  
 Confessions, CH .....5:30 PM

**Sunday, April 7**

Mass, CH.....8:30 am  
 PSR (All Rooms).....9:30-10:30 am  
 Parent Session, PSR Office .....9:30 am  
 Mass, CH.....10:30 am  
 Divine Mercy Holy Hour, CH .....3:00 pm  
 Boy Scout Troop 882, TE & TI .....6:30 pm  
 Confirmation Class.....6:00 pm  
 AA Mtg., RR .....8:00 pm





**Mass Intentions**

**Saturday, March 30**

4:30 pm ..... People of OLG

**Sunday, March 31**

8:30 am ..... People of OLG  
10:30 am ..... Charlotte Velotta

**Saturday, April 6**

4:30 pm ..... Henry & Joseph Flint

**Sunday, April 7**

8:30 am ..... Ken Burns  
10:30 am ..... People of OLG

**Readings for the Week of March 31, 2024**

Sunday	Acts 10:34a, 37-43/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9
Monday	Acts 2:14, 22-33/Mt 28:8-15
Tuesday	Acts 2:36-41/Jn 20:11-18
Wednesday	Acts 3:1-10/Lk 24:13-35
Thursday	Acts 3:11-26/Lk 24:35-48
Friday	Acts 4:1-12/Jn 21:1-14
Saturday	Acts 4:13-21/Mk 16:9-15
Sunday	Acts 4:32-35/1 Jn 5:1-6/Jn 20:19-31

**Sick & Shut-in**



Adams, Lisa	Frosty	Podogil, Luther
Andrus, Tim	Funk, Bill	Riley, Patrick
Ballard, Tom	Giozzo, Janet	Rusicka, Patty
Barnett, John	Govern, Helen	Rusicka, Steve
Bezdek, Cindy	Hawkins, Nicholas	Rypinski, Deanna
Billy, Shawn	Hudiak, Ray	Rypinski, Olivia
Blaze, Amanda	Jerome, Deanna	Salindo, Celso
Blaze Olivia	Kane, Alex	Sandy, Pam
Boley, Ken	Karduck, Amanda	Seminsky, Martha
Brower, Jean	Karyadi, Tristin	Shemuga, Kevin
Brower, Lynn	Kaskey, Greg	Sobolewski, Brad
Bryce, Flo	Kearney, Ed	Sofchek, Lenore
Carroll, Bobby	Keith	Sopata, Margaret
Chipps, Joan	Kenzie	Stoner, Darlene
Christian, Pat	Kopkas, Andrea	Subjack, Jim
Citraro, Kathleen	Kynkor, Gerry	Subjack, Sydney
Clark, Kaycee	Laret, Quentin	Triggiani, Joe
D'Angelo, Sharon	Lee, Jim	Triggiani, Frank
Das, Tulsi	Lingenfield, Lisa/Gary	Turek, Frank
Davis, Robin	Lubrano, Terry	Walers, Brian
Delius, Ken	Martin Family	Whalen, Terry
Delgrosso, Tyler	Matejka, Rose Mary	Wills, Patrick
Ellison, Blaise	Minite, Josephine	Winterburn, Phyllis
Friedman, Molly, Dr.	Monday, Richard	Yontosh, Doris
	Mosso, Laurie	Zangara, Karen
	Oster, Paige	Zawada, Carol
	Pagano, Bill	Zolata, Larry
	Pawlowski, Joanne	
	Perry, Hunter	
	Perry, Mary	
	Petronek, Tom, Fr.	
	Piontkowski, Zach	

**Neighboring Parish Weekday Mass Times**

**St. Barnabas - Monday, Tuesday, Friday at 8:30 am,  
Wednesday & Thursday at 7:00 am**

**Ss. Cosmas & Damian - Monday thru Friday at 8:30 am**

**St. Mary Hudson - Monday thru Friday at 9:00 am**

**The Sacrament of Confession is available every Saturday at  
OLG at 5:30 pm**

**For national holidays and holydays, these times are subject to  
change. For further information, visit the OLG website  
at [www.olg.cc](http://www.olg.cc)**

One Minute With God  
God is a good stress reliever.

**EMHC Re-Training Session**

Thank you to all our **Extraordinary Ministers of Holy Communion** who attended our meeting on March 13. The purpose of this meeting was to retrain everyone for when the Cup is brought back on the weekend of April 6/7. **Another training session will be held on Wednesday: April 3 at 7:00 PM for all who were unable to attend the previous session or for those who would like a refresher.**

**Divine Mercy Sunday Holy Hour**



All are invited to join us at The Church of Our Lady of Guadalupe for our annual Divine Mercy Holy Hour on Sunday: April 7th at 3:00 PM. This Holy Hour will include **Scripture, Adoration, Benediction, periods of silent/personal reflection, and the sung version of the Chaplet of Divine Mercy.** (The Divine Mercy Chaplet is traditionally prayed during the 3:00 PM hour since it is the period of time that Jesus gave His life for us on Good Friday.)

*Liturgical Minister - April 6/7, 2024*

	CANTOR	EMHC HOST	EMHC CUP	LECTOR	SERVERS
<b>4:30 PM</b>	Donald Grabowy	Kathy Constantine, John Leben, Mary Leben, Vickie Kazimour, Pat Mintus	Greg Knapik Kevin Hughes	Pearl Metzger	Dean Constantine Ken DiPippo
<b>8:30 AM</b>	Vicki Burt	Ann D'Angelo, Donald Burke, Beverly Burke, Ron Reichwein, Frank Villamagna	Bob Cox, Denise Milewski	Bridget Company	Anthony D'Angelo Anthony D'Angelo II Tim Lewicki
<b>10:30 AM</b>	Sarah Hammerschmidt	Kim Smotek, Morgan Smotek, Owen Smotek, Kevin Waldron, Mary Davis	Matthew & Robin Griffith	Alexa Smotek	Isaac & Luca Walcher Bowen Griffith

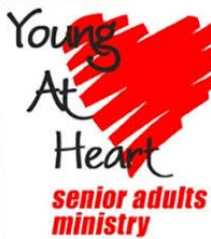
## Spring Flower Sale



Think Spring! OLG Flower Sale orders will be accepted from March 31 to April 21. Order forms are available on the OLG website and in the periodical kiosk of the church lobby. Brighten your yard or treat Mom to a beautiful planter or hanging basket (Mother's Day is May 12)! Order pick up is on Tuesday, May

7 from 4:30-7pm. Volunteers are needed on May 7, morning and afternoon (students can earn service hours).

Questions/Volunteer at [olgflowersale@gmail.com](mailto:olgflowersale@gmail.com).



The next Young at Heart group meeting will be held on **Wednesday, April 3rd at 11:00 a.m. in the Castilian Rose Room.**

If you've never attended one of our meetings, please consider coming! We plan fun trips, have coffee and snacks and great conversations! Hope to see you there, and bring a friend!



ALTARED Youth Ministry- Come join in watching the Guardians home opener with us here at OLG  
Monday, April 8, 2024  
4:30p- 6:30p

Hot Dogs and other baseball snacks  
Whiffleball game  
Guardians on the TV

## Protecting God's Children

The Diocese of Cleveland's "Protecting God's Children" program is a continuing effort to instruct and inform everyone about the protection of children from sexual abuse. To report any past or present suspected inappropriate behavior toward children by priests, deacons, religious, lay ecclesial ministers or personnel associated with the Church, please contact the Diocesan Response Service Office at 216-334-2999 or via email at [response\\_services@dioceseofcleveland.org](mailto:response_services@dioceseofcleveland.org). You are also asked to immediately inform local authorities about inappropriate behavior.

# JOIN OUR FUNDRAISER AT RAISING CANE'S!

Mention the fundraiser at the register and Cane's will donate 15% of sales to:

## Our Lady of Guadalupe

### DATE & TIME:

April 22, 2024 from 04:00 PM - 10:00 PM

### LOCATION:

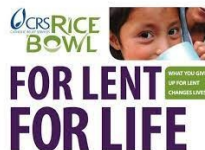
597 E Aurora Rd, Macedonia, OH 44056  
+1 330-510-4885



Our Lady of Guadalupe's Ministry For Those in Need is an organization of Catholic lay people dedicated to assisting the needy in our parish and community. We're here to personally serve those in need by extending comfort,

friendship, food and financial assistance.

The confidentiality of those who receive assistance from the Ministry For Those in Need is strictly protected. If you are in need, we'd like to help. Please contact our Ministry by dialing 330.468.2194, Ext. 4 and leave a message. Our contact member will return your call promptly.



Don't forget to turn in your Rice Bowls. Place the contents of your box in a small baggie and put it in the designated box in the church foyer. You are also welcome to drop them in the collection basket or bring them to the parish office.



## Spring Spirit Drive at AM 1260 The Rock!



The Spring Spirit Drive is coming to listener-supported AM 1260 The Rock: Wednesday, April 10<sup>th</sup> - Friday, April 12<sup>th</sup>.

Join us LIVE as we entrust this pledge drive to the Two Hearts of Jesus & Mary. Our chaplain, Fr. Doug Brown, Debbie Georgianni, EWTN personalities, and local clergy & guests will lead the efforts to keep Catholic Radio on the Cleveland airwaves. You don't have to wait for the Pledge Drive to support this most vital apostolate. Visit [www.am1260therock.com](http://www.am1260therock.com) and click on the orange "Donate Now" tab in the upper right corner or call us at 216-227-1260. Catholic radio continues to change lives and convert hearts. Thank you for your generous support!!



**Total Eclipse of the Meadow.** Monday, April 8, 2:00 - 4:30pm. Come enjoy the beauty of God and His creation. Experience the once-in-a-lifetime total eclipse on the meadow. Bring your own chair or blanket to sit in the meadow and watch the eclipse with others in the JRC community. Eclipse glasses will be provided for all those who sign up to attend. This is a free event.

**Journaling Grief and Loss - A Zoom Program.** Mondays, 7:00 - 8:30pm EST. April 8, 15, 22, 29. *Presented by Michael Reiling, M.Ed.* Attending to our losses and their attendant grief through writing about these experiences can promote both insight and healing. In our sessions, we will work with several different writing practices that can nurture new life in us and can be used as often as needed. Cost: \$40

**April Sabbath Days - a Personal Retreat Day.** Tuesday, April 9, 8:30am - 3:30pm. Come and spend a day of renewal and prayer at the Jesuit Retreat Center. Cost: \$50

**April Morning Prayer for Women.** Monday, April 15, 9:30 - 11:00am. Women from all walks of life are invited to pray together and learn more about the beauty of prayer. Led by Sr. Mary Ann Flannery, S.C., this prayer group will refresh your spirit and help you find strength in regular prayer habits. Free Will Offering (walk-ins welcome, registration not required).

**Rosary Hall AA Men's 12 Step Retreat.** Friday, April 26, 5:30pm - Sunday, April 28, 11:30am. *Presented by Bob L. and Matt P.* A Recovery Retreat at Jesuit Retreat Center is a time to nurture your serenity, deepen your spirituality and find the strength to work the steps of recovery. The weekend includes inspiring presentations, small group discussion, fellowship, private rooms and 5 meals. Cost: \$270

**Ignatian Spirituality & Yoga Mini-Retreat.** Sunday, April 28, 2:00 - 5:00pm. *Presented by Jon Jarc, RYT-500.* This retreat offers a space to engage in practices that enable us to listen deeply to the Spirit within us. In this deep listening to our emotions, desires, and interior movements—as St. Ignatius of Loyola calls them—we encounter God and notice how we are beloved and being called in our lives. This personal experience is then enriched by the awareness of our spiritual journey from the Spiritual Exercises of St. Ignatius Loyola as well as Yoga. Cost: \$35-50



**FORMED**

THE CATHOLIC FAITH. ON DEMAND.

### Why Catholics believe in "life everlasting"

The Catholic Church cares about every BODY. Think of relics and funerals—reverence for our bodies and the body's of holy people is part of being Catholic. But why? We find the answer at the end of the Creed: "I believe in the resurrection of the body and life everlasting." That's a pretty strong statement and it's founded on Jesus. Because Jesus rose from the dead, we can look forward to our own body's being raised at the end of time. Pretty cool, right?

Our parish has a FORMED subscription. Visit [formed.org/signup](http://formed.org/signup) and select our parish. Scan the QR code to download the FORMED app to your phone.

